

# Lariat

the student voice of Saddleback College since 1968



## TASK FORCE 5 RETURNS FROM HOUSTON TO SUNNY WELCOME

// page 8-9



## HOW MUCH SLEEP IS ENOUGH?

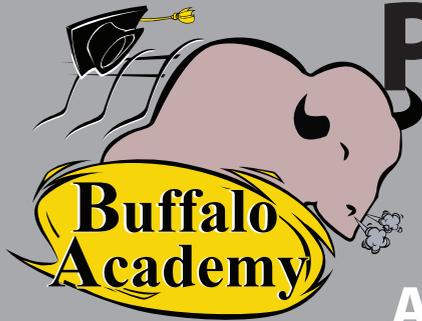
*The fall semester is in full swing, and if you are taking classes and working part-time or full-time, it is likely you are missing out on what experts consider to be the minimum amount of sleep needed to feel properly energized // page 12*

**LIFE** Join It's A Grind Coffee House in Mission Viejo every other Friday for their comedy night  
// page 13

**SPORTS** The Gauchos football team remains undefeated at 3-0 as they head into week four  
// page 14

**NEWS** Gregory Anderson selected as Saddleback College's new President  
// page 6-7

**OPINION** A DREAMER's personal response to Trump's exec order on DACA  
// page 10



# Private Tutoring

**B- Guarantee** B- or full refund

**Flexible** Scheduling & Pricing

**Admission to CU, Chapman, UCI**  
or Full Refund

**100+ Tutors** - all courses

## **ADD/ADHD** Management

Focus Management

Stress/Anxiety Management

Time Management

Study Skills

prioritization skills

Conscious Mindful Practice

**[www.BuffAcademy.com](http://www.BuffAcademy.com)**

**949 - 973 - 4524**

## **“Best Decision I Ever Made”**

**Internships & Jobs (\$75,000 - \$125,000)**

Marcus turned down 2 offers with Goldman Sachs, too Low for him...  
Brooks was 1 of 4 candidates a bank flew to London for an interview  
Tyler was an industry authority in his first year, and an analytics manager!  
“Nobody even looked at my transcripts or asked about GPA”  
Tim only interviewed two firms and got both offers for over \$120,000  
They paid for Tim’s relocation and a \$15K sign-on bonus  
“I was in a league of my own, there was really no competition. I got it all...”  
We all get jobs requiring 3-11 years of experience, right out of College...  
“Risk Academy got me a job where all my coworkers are Ivy League PhDs.”



Step 1 - Intensive Training

Step 2 - Become an Intern

Step 3 - Become a Risk Analyst

**[ermRiskAcademy.com](http://ermRiskAcademy.com)**

**949 - 973 - 4524**

# CA Master Plan for Higher Education, informational and oversight hearing

A complete overhaul of the 60-year-old plan is in effect

**COLIN REEF**  
EDITOR-IN-CHIEF

Assembly member Marc Berman (D-Palo Alto) hosted the first hearing of the Assembly Committee on the Master Plan for Higher Education in Sacramento, California this passing Wednesday.

“Much has changed in California during the ensuing decades. From population growth, to increased diversity, change in leading industries and their need for talent, as well as in the field of education itself,” Berman said. “I am very encouraged by the level of engagement from my colleagues, the leaders of the higher education institutions, faculty, students, and other stakeholders. I look forward to working with all parties as we conduct a thorough review of the Master Plan.”

The Master Plan was approved at a joint meeting of the Regents of the University of California and the State Board of Education on Dec. 18, 1959.

The main objective during the time of the Master Plan’s creation was to ensure that a form of higher education could be available to all regardless of their economic means.

It also differentiated the functions of Community College’s, the California State University system, and the University of California system so as to not waste the state’s resources on arbitrary efforts to expand.

The creation of the Mas-



ASSEMBLY DEMOCRATIC CAUCUS  
**SELECT COMMITTEE:** *Eloy Ortiz Oakley (top) and Marc Berman (bottom) discuss the future of the Master Plan.*

ter Plan sought to broaden the framework of higher education and allowed the three tiers of public higher education in California to advance their responsibilities.

The Plan states that the top one-eighth percent of high school graduates would be guaranteed a place at a campus of the UC system tuition free. The top one-third percent would be offered scholarships to any California State University system tuition-free. Community College’s would harbor any students looking for further higher education.

In 2005, some key provisions were made. Previously, obtain-

ing a doctoral degree was only available to students of the UC system. Now, California State University’s could offer PhD degrees as “joint” degrees in combination with the UC system.

Under the provisions of Senate Bill 724, signed into law September 22, 2005, the campuses of the California State University were then able to directly offer a Doctor of Education degree (Ed.D)

In 2010, the CSU was also given the opportunity to offer two more doctoral degrees in Nursing (DNP) and Physical Therapy (DPT).

Provisions in the earlier

years of the Master Plan did not lead to significant changes but due to the ongoing cultural and economic shifts something must be done to combat the dramatic changes California faces.

It is imperative for leaders of the select committee to take into account the growing populations in California just like in the 1950’s when they took into account the large number of baby-boomers looking to further their education.

“The select committee is the first step in a multi-year endeavor that could last up to 6-8 years or longer,” Berman said. “The first two years will be the information gathering phase for the committee where they hear from stakeholders and collect feedback. The following four hearings will be issue focused and examine subjects surrounding workforce needs, students, faculty and staff, cost and funding, and financial aid.”

But, key higher education funding decisions have been made without the benefit of clear state policy guidance. For example, the state has no formal policy to guide the setting of student fees at the public colleges and universities.

As a result, fee levels have been unpredictable and volatile, with little alignment to the cost of instruction or to students’ ability to pay.

“The ultimate goal is to rebuild the framework of a 1960 Master Plan and turn it into something the fits the mold of a 2017 model,” California Community Colleges Chancellor Eloy Ortiz Oakley said. “We really need to focus on the resources given to working-age adults who return to school and in search of a new career path.”

# Trump, Congress put Dreamers in limbo

POTUS ends DACA, creating unknown future for thousands in the country

ADAM GILLES  
NEWS EDITOR

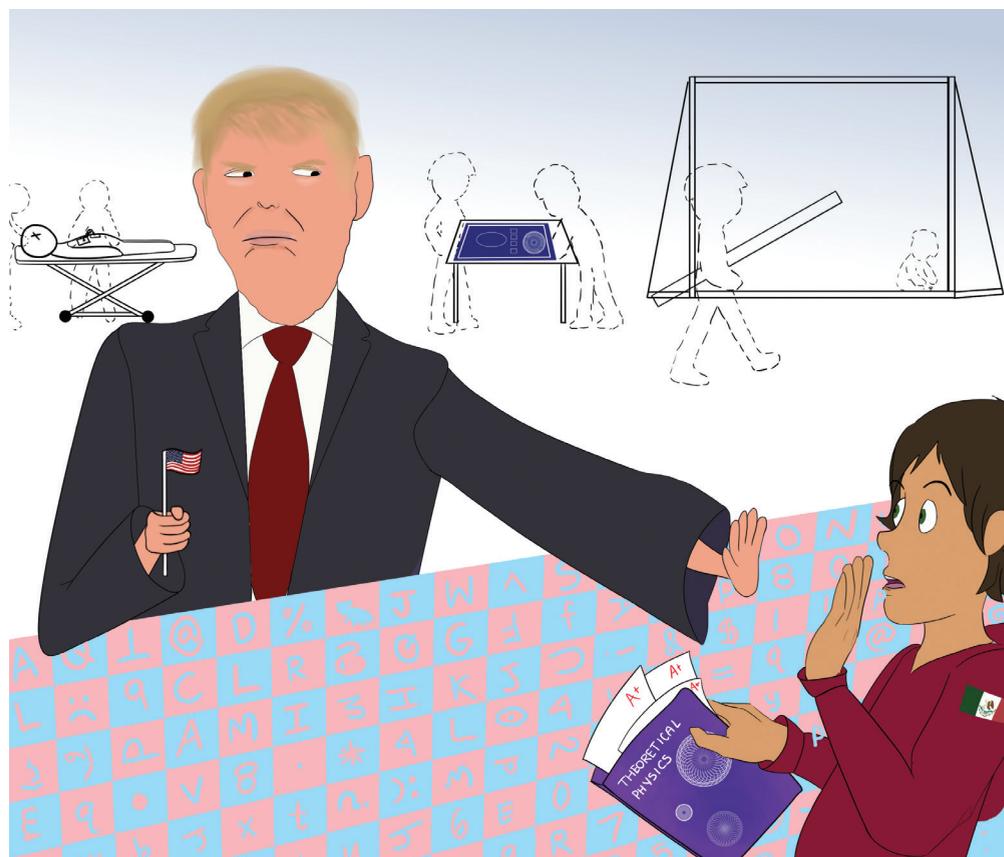
On Sept. 5, U.S. Attorney General Jefferson Beauregard Sessions III, on behalf of President Donald J. Trump, announced the suspension of the Deferred Action for Childhood Arrivals (DACA) program. There are currently 788,000 people in the DACA program that could potentially lose their jobs, access to education and health care if Congress doesn't pass legislation preserving the DACA provisions within the Trump administration's six month deadline for the program's termination.

President Obama created the DACA program in 2012 via executive action in order to provide temporary protection from deportation and work permits to American residents who entered the country illegally when they were children.

DACA eligibility only applies to people who arrived in the U.S. prior to June 15, before they turned 16 and have lived here for at least five years.

DACA participants are not eligible for welfare benefits or Obamacare. A Journal of General Internal Medicine study reported that undocumented immigrants actually provided a surplus of \$35.1 billion to the Medicare Trust Fund between 2000 and 2011.

According to the study's press release, "Unauthorized immigrants generated an average surplus of \$316 per capita to the



DANIELA SANCHEZ/LARIAT

Trust Fund, while other Americans generated a deficit of \$106 per capita."

A recent national survey shows that the average DACA recipient is an employed 22 year old earning a salary of \$17 an hour. A majority of DACA recipients are still students and 17 percent are pursuing an advanced degree.

A report by the progressive advocacy group Center for American Progress and FWD.us estimates that an average of 30,000 workers could lose their jobs every month if the DACA program ends, costing the U.S. \$460.3 billion in economic revenue over the next decade, with an additional loss to Medicare and Social Security contributions of \$24.6 billion.

A recent report by the Cato

Institute estimates that the fiscal cost of immediately deporting everyone in the DACA program would cost the federal government over \$60 billion.

President Trump met with Democratic leaders this week indicating that the parameters for any deal to provide a way for DACA recipients to stay in the U.S. would have to include funding for a wall along the US-Mexico border.

"We are looking at allowing people to stay here. We are working with everybody," said Trump, later adding, "If we don't have the wall, we are doing nothing."

In a joint statement issued following the dinner with President Trump, House Democratic Leader Nancy Pelosi and Senate Democratic Leader Chuck

Schumer said, "While both sides agreed that the wall would not be any part of this agreement, the President made clear he intends to pursue it at a later time, and we made clear we would continue to oppose it."

The border wall was Trump's signature campaign promise. He had initially indicated that he would make Mexico cover 100 percent of the cost of building the wall.

Trump has since changed his position on the matter, at one point even threatening to shut down the U.S. government if Congress doesn't allocate funds to pay for the walls construction, based on the assumption that the Mexican government will eventually pay the U.S. back for the costs.

At a recent rally in Phoenix,

Trump said, "If we have to close down our government, we're building that wall."

Trump has a history of blaming illegal immigration, specifically from Mexico, as a major source of crime in the U.S. In a Trump Tweet from June 19, 2015 he wrote, "Druggies, drug dealers, rapists and killers are coming across the southern border. When will the U.S. get smart and stop this travesty?"

On Aug. 27, Trump Tweeted, "With Mexico being one of the highest crime nations in the world, we must have THE WALL. Mexico will pay for it through reimbursement/other."

Research has shown that immigrants, regardless of legal status, commit crimes at a lower rate than native-born U.S. citizens. In order to even be eligible for DACA, applicants cannot have a criminal record.

A statement released recently from Mexico's foreign

ministry read, "As the Mexican government has always stated, our country will not pay, under any circumstances, for a wall or physical barrier built on US territory along the Mexican border."

Gov. Jerry Brown and Cali-

**"We are looking at allowing people to stay here. We are working with everybody ... If we don't have the wall, we are doing nothing."**

**President Trump**

ifornia legislative leaders recently approved \$30 million towards financial aid and legal services to assist people brought into the country illegally as children. California has the highest concentration of DACA recipients in the nation. \$10 million of the funding is earmarked specifical-

ly for "Dreamers" who are state community college, California State University or University of California students.

All DACA and work permits will remain valid until their expiration date. New DACA applications are no longer accepted

support from the Weingart Foundation, is providing \$495 scholarships so that DACA recipients requiring financial aid may safely renew their status. The scholarship is open to community college, California State University and University of California students. A check made out to the Department of Homeland Security will be received within 48 hours to all approved applicants who apply for the grant at lc4daca.org.

The California Community College's Chancellor's Office has numerous resources for undocumented students. The American Association of Community Colleges has an advocacy tool to help you identify and communicate with your legislators. You can also visit Weareheretostay.org for more information on how to help people affected by this recent decision and what you can do to take action now.

despite the fact that there are over 1.9 million people eligible for DACA in the United States. DACA issuances and work permits which are set to expire between now and March 5, 2018 must be submitted for renewal by Oct. 5.

Mission Asset Fund, with



**I CAN DO ANYTHING I SET MY BROWS TO.**

**YOUR FIRST BROW WAX IS FREE\***

ONE WAX IS ALL IT TAKES TO FALL IN LOVE.

MISSION VIEJO TOWN CENTER | 949 407 5395

28311 Marguerite Parkway | Near Starbucks & Nektar

WAXCENTER.COM | europeanwax   

COUPON CODE: BROW17. \*Valid at participating European Wax Center locations. Guests must not have received a brow service at any European Wax Center location within one year of redemption to qualify. Additional restrictions may apply. European Wax Center locations are independently owned and operated. Offer expires 10/31/17. © 2017 EWC Franchise, LLC. All Rights Reserved.

**EXPERTS IN EYEBROWS**



# Gregory Anderson is president of Saddleback

VP of planning at San Mateo Community College District takes the reins

**AUSTIN WEATHERMAN**  
MANAGING EDITOR

Saddleback College started its search for a new president March 24 after former president Todd Burnett announced his retirement during the spring semester of 2017. Applicants faced various screenings, in depth reference checks and three rounds of interviews until there were four finalists. The South Orange County Community College Board of Trustees unanimously voted to select Dr. Gregory Anderson as the new president of Saddleback Aug. 31.

“The interview process impressed me on a number of levels,” Anderson said. “First off, it’s very thorough. It engaged many aspects of my career and required several reference checks from a couple of institutions that I worked for. It was almost if [Saddleback College] wanted to find a president that would meet the needs of the students, the college and the district.”

Saddleback College’s vision is based around students and making sure that students have the tools and resources they need to succeed. Anderson has over 20 years of experience in the educational system, teaching from preschool level all the way up to doctoral programs. He believes that in a decision making position, students, faculty and staff need to be informed to make the best decision.

“I think they were looking for somebody who’s values met the values of the institution and they found a good match with me,” Anderson said. “The fac-



SADDLEBACK COLLEGE/COURTESY

**JACK OF SUBJECTS:** *Before working in administration, Dr. Gregory Anderson spent most of his career in classroom, teaching English, speech communications and foreign languages.*

**“I take it as a great opportunity but also a sacred trust. The community has put a trust in me to lead the college and it is my duty to meet those expectations and fulfill that trust.”**

## **Dr. Gregory Anderson**

ulty, the students, the classified professionals, everybody needs to be involved when it comes down to decisions and that way, we will decide on the best decision so that is something I believe and is apart of the culture of Saddleback College.”

Before deciding on taking his position at Saddleback, Anderson has taught all over the world, with the exception of Australia. He received his mas-

ters in teaching at the School for International Training in Brattleboro, Virginia and his doctorate in higher education at the University of Southern California

Anderson double majored at the University of Wisconsin in speech communication and English linguistics, but college was not an easy experience at first. His family valued education, but most of them had to go to work before graduating high school, eliminat-

ing the idea of higher education.

“I come from a family where nobody had ever gone to college before,” Anderson said. “I struggled when I got to college because I didn’t understand how things worked. I didn’t understand something as simple as the dorm room numbers start with the floor that you’re on. I didn’t know you could rent books because I couldn’t afford to buy books. The first year I really struggled, but I got help from professors and I finally was able to do much better and graduate with honors by the end.”

Looking back, Anderson recalls one of his favorite teaching experiences when he taught at the Academic Camp for International Students in Florida where students from 34 countries travelled to the states to extend their educational knowledge. After the camp finished, he says that

he learned more from the students than they learned from him.

“They were all extremely well educated and interested in world events and politics so I think I learned more from those students from 34 countries than they learned from me,” Anderson said.

Work isn’t Anderson’s life though as he has a family of four who resides in Cupertino, just south of San Francisco. He has an 11-year-old daughter who enjoys horseback riding, a 9-year-old son who plays baseball and a wife who joins him on his rock climbing and hiking adventures.

Anderson has hiked from Georgia to Maine, travelled all around the Sierra Nevada mountain region and this past July, hiked 52 mi. in one day from Mt. Hood to Mt. Jefferson in Oregon.

Anderson and his wife, who is Japanese, are raising their kids to be bilingual, sending them to Japanese school and speaking Japanese in their household. He plans on moving his family to Orange County at some point, stating they would like to keep their kids in touch with their culture by putting them in Japanese Saturday school.

Anderson is excited to get started at Saddleback, saying when he arrives, his main goal is observe Saddleback’s student and staff culture, hoping to fix any gaps that may reside.

“It is my duty every single day to talk to as many people as I can and read as many documents. I want to bring in students and faculty and observe, soak it all in and find out what is working,” Anderson said. “What I find most of the time is that the ideas are there already, but it’s the job of leaders to find resources or help facilitate faculty or staff as they are implementing those ideas. The challenge that community colleges face is not around the lack of ideas, it’s more around organizing the ideas and how to facilitate the programs and how to properly foster creativity so that we are actually impacting student success.”

Anderson is still employed as the Vice President of planning, research and institutional effectiveness at San Mateo Community College but his official start date at Saddleback is on Oct. 16.

“I just want to say how grateful I am to the students, staff and faculty who took part in the public forums and all the different opportunities to choose the next president,” Anderson said. “I take it as a great opportunity but also a sacred trust. The community has put a trust in me to lead the college and it is my duty to meet those expectations and fulfill that trust.”



DIANA TOMSETH/LARIAT

**INVENT:** Michael Matoni (left) and co-advisor Larry Perez showing a student a recent gadget created by SAME.

## NASA engineer speaks at Saddleback

**DIANA TOMSETH**  
CO-LIFE EDITOR

Over two dozen students came to hear aerospace engineer Michael Matoni, 73, share his experiences working with the Project Apollo Lunar Modules last Friday. The engineer, who worked for Northrup Grumman as a NASA contractor, displayed industry tools and handed out advice to inquiring students.

Drawing on his long-lasting career spanning decades, Matoni highlighted his proudest accomplishments in a presentation hosted by the Society of American Military Engineers chapter at Saddleback College.

“How can you top working on the Apollo Project, and getting all these astronauts safely to the moon and back?” Matoni said.

He was initially responsible for the Apollo program’s electrical luminescence lighting, the backlighting for all of the panels in the vehicle, the paneling, the labeling for all the switches in the vehicle and all of the displays. As people began to leave the program, he also took on more responsibilities as well, including working on much of the lighting and then docking targets.

“We didn’t see any boundaries between NASA and Grumman who were all part of one team that were all trying to be successful, keep the guys safe and accomplish the mission, which we did multiple times” Matoni said.

Being a part of the Apollo project allowed

Matoni to work on different hardware. Matoni enjoyed traveling, working with people at NASA and North American and with different vendors from around the U.S.

Brian Fonseca, 25, a Saddleback engineering student, said he is very interested in a career in engineering and enjoys going to the SAME monthly presentations like this to be exposed to engineers who are working in the field or who have been in the field, as well as forming connections with other engineering students. He was inspired by Matoni.

“The fact that he was confident in what he was doing, so he didn’t have a problem thinking or saying what he thought was better or was right.” Fonseca said.

Samantha Novak, 21, is a graduate from Saddleback College who recently transferred to California State University of Northridge. She encouraged Fonseca to keep attending the engineering meetings, to network and continue learning and gaining advice from engineers like Matoni.

He wants students to know what they are getting into and encourage them to have the right outlook.

“I want them to be motivated. They have a lot of work to do in school and a lot of hard work, you know engineering is not an easy profession, but I want them to know that it will pay off,” Matoni said.

If students keep current, they will have fun and will offer valuable contributions to society, Matoni added.



ADAM GILLES/LARIAT

**HOMECOMING:** A young girl patiently waits for her father to arrive home at the Orange County Fire Authority in Irvine.

# Welcome back Harvey first responders

## Elite OC search-and-rescue team returns from deployment in Houston

**ADAM GILLES**  
NEWS EDITOR

California Task Force 5, an elite Orange County FEMA Search and Rescue Unit, returned from a 14-day deployment, where they assisted citizens who were ravaged by Hurricane Harvey in Houston, Texas, to a crowd of anxious and proud family, friends and co-workers at the Orange County Fire Authority in Irvine on Thursday.

The 47-member team, including the units two search canines, comprised of OCFA, Anaheim City and Orange Fire Departments had to go through the standard FEMA demobilization process, which includes a physical and debriefing, immediately upon arrival from their 23-straight-hour drive from Texas.

The team had been deployed since Aug. 14, completing over 100 water rescues per day, including over 300 rescues on their first day alone, during 16 hour shifts in flooded downtown Houston.

“Being in the right place at the right time to make a difference is a testament to the training and the support that we get from our department and the support that we get from our citizens,” said CATF-5 Fire Apparatus Engineer and Canine Search Specialist Doug Van Iwaarden.

Van Iwaarden said he and his canine partner, Sadie, put in extremely long hours with the rest of the team in Houston, working in horrible situations, sometimes without a sleeping bag during nights or without food for several days. All of the hard work paid off for the team and the citizens of Houston as

CATF-5 reported over 1000 people rescued in the city to FEMA during their deployment.

The well-precisioned CATF-5 Search and Rescue Team trains together on a regular basis in confined space rescue, high and low angle rescue, swift-water and various other search and rescue operations.

“They know each other, work with each other, are very in sync with each other, know each other’s strengths and weaknesses and they know what their particular job is on the team,” said Police/Fire/EMS Dispatcher Samantha Maria Soto.

Although the team trains for every expected and unexpected scenario they can, there was nothing routine about the water rescues they faced and the damage and destruction Hurricane Harvey caused to the city of Houston.

On one particular rescue at a senior living

home, the team actually had to drive their boat inside the facility and up to the second floor stairs where they rescued several elderly people, along with a victim's pet cat.

"They were going back out of the building and then here comes a Sheriff Deputy with a fawn, so they put the cat, the fawn and the four people they rescued in the boat," Soto said.

Cathy Lazar's husband, Ryan Lazar, is a captain on the Urban Search and Rescue team and has been a medic for the city of Anaheim for 11 years.

"He's had 12 deployments, but this is his first with the US&R Team," Lazar said.

**"You can't help but feel proud, not only as a Task Force team member but just for humanity itself, just how everyone was willing to help,"**  
**Obet Martinez**

Although the couple, who have a 2-year-old daughter and another baby on the way, have had experience dealing with time apart from each other in the past, this deployment was different.

"We're used to being on our own for a few days at a time, but two weeks was definitely a long, long stretch for us," she said.

While many of the rescue teams spouses have had years of experience coping with time away from their loved ones while they



ADAM GILLES/LARIAT

**REUNITED:** Firefighter and CATF-5 Technical Search Specialist Jeremy Bart is reunited with his family after a 14 day FEMA deployment in Houston, Texas.

are on deployment, the teams children have also had to get used to sharing their real life superhero parents with others in need.

"It's been kind of weird having him away from home so long and I was nervous for him but I know that this is what he's been training to do," said Rayden Offord whose father, Todd Offord, is a member of CATF-5 and an Engineer on Truck 9 out of Mission Viejo-based Station 9 of the OCFA.

The Task Force members also saw their own superheroes in the citizens of Houston who volunteered to participate in many of the rescue efforts.

"One of the things that stood out to me the most about this experience is how willing people were to come together and help," said Search and Rescue Member Obet Martinez. "I had one guy come up to me who drove 12 hours from Kansas City, Missouri. He said, 'I have a lifted truck and an air-boat. Where do you want me?' It was unreal."

While Harvey inflicted unprecedented damage on the city of Houston, in its own way, it may have also helped foster unity in our country, which has seen so much adversity over the past year.

"We might have these bor-

ders that we call states and counties but, at the end of the day, were all Americans, and everybody stands up when our nation is in crisis," said Orange County Supervisor Todd Spitzer. "The men and women of the Orange County Fire Authority are the best trained in the nation and we had a responsibility and a duty to send them to Texas."

The true spirit of America was on full display during the ordeal in Houston.

Ryan Lazar's voice was full of sentiment when he complimented the collaborative efforts of the Houston community affected by the hurricane.

"If their houses weren't flooded, they were out helping their neighbors, with their boats, sea doos, and kayaks trying to help the rest of the community out," he said. "The pride of Texas, true Americans out there. It was impressive to see."

The experience in Houston left a lasting and humbling impression on the search and rescue team and also gave them an increased sense of pride.

"You can't help but feel proud, not only as a Task Force team member but just for humanity itself, just how everyone was willing to help," Martinez said. "I'll never forget the people of Texas and the volunteers who were so willing to put their lives in danger to help a stranger."

The team will get a required 48 hours off duty before returning back to work on Sunday.



ADAM GILLES/LARIAT

**PRIDE:** Firefighter and CATF-5 Hazardous Materials Specialist Obet Martinez speaks with the media at the OCFA Welcome Home celebration.

## Lariat

"Saddleback's student-run newspaper since 1968"

### Editor-in-Chief

Colin Reef

### Managing Editor

Austin Weatherman

### News Editor

Adam Gilles

### Opinion Editors

Ally Beckwitt

### Life Editors

Maria Marquez

Diana Tomseth

### Sports Editor

Hanna Peterson

DJ McAllister

### Media Editor

Daniela Sanchez

### Copy Editor

Sam Price

### Staff Writer

Joseph Fleming

### Faculty Advisers

Tim Posada

MaryAnne Shults

### Instructional Assistant

Ali Dorri

phone: 949-582-4688

email: [lariateditor@gmail.com](mailto:lariateditor@gmail.com)

web: [www.lariatnews.com](http://www.lariatnews.com)

address: 28000 Marguerite Parkway, Mission Viejo CA, 92692

### For The Record

The Lariat is committed to accuracy. To reach us, call 949-582-4688 or email us at [lariateditor@gmail.com](mailto:lariateditor@gmail.com). Please specify if you are referring to content from the newspaper or the website.

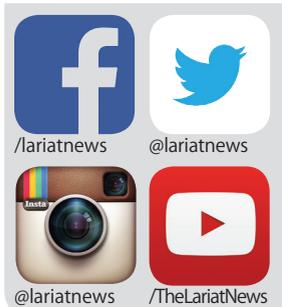
### Contributions

The Lariat gladly accepts contributions in the form of guest articles from students and letters to the editor from anybody involved in the Saddleback College community. Please submit any articles or letters to [lariatnews@gmail.com](mailto:lariatnews@gmail.com).

### Advertising

The Lariat offers advertisers many opportunities to reach a diverse audience through color or black and white ads. For rates, call 949-582-4688 or email [lariatadvertising@gmail.com](mailto:lariatadvertising@gmail.com).

### On The Web



CARTOON BY DANIELA SANCHEZ

# A Dreamer's worst nightmare

MARIA MARQUEZ

LIFE EDITOR

I get told that I should go back to my country, that I don't do anything for this country besides adding to the already-too-large number of immigrants and help increase the crime rate. I pay taxes just like any other American, and I contribute to Social Security by working with a permit for which I pay money to use.

Oponents of DACA portray Dreamers as criminals who neither work nor go to school. I've had the same job for almost four years, been promoted to a management position, and earn more than minimum wage, all while attending college.

I was brought to this country at the age of 1, and have not gone back, mainly because I can't. I grew up learning English in a southern Orange County household that spoke only Spanish. This is the only country that I know. My blood boils to think that some people have the audacity to tell me that I don't belong here, simply because I was born somewhere else.

What upsets me the most

is hearing people, referring to Dreamers, say, "they are taking our jobs," or, "they are all criminals." Both are clearly false statements.

I don't remember walking into my job interview and saying, "Hey, fire the white kids and hire me." I applied for jobs just like any other 16 year old in my high school, waiting patiently for an interview.

Falsely labelling all DACA recipients as criminals only shows that people are uneducated on the subject of immigration. All DACA applicants are background-checked and fingerprinted before they are permitted to enter the U.S.

One of the hardest things to grasp about this issue is that I can't do anything about it. My renewed permit is valid until 2019 — but that could all change in March when Congress is slated to announce the fate of the Dreamers. Attending protests, petitioning local representatives and battling Facebook trolls has become the norm for me.

What people don't understand are the consequences of terminating DACA. What will

it will mean for the 800,000 people under DACA's protection? Many Dreamers like me, who have jobs, will lose them, and the companies we work for lose our labor. Once our licenses expire, they will no longer be renewable because our Social Security will be revoked. Our ability to attend college will be limited.

Dreamers, to begin with, do not receive the same benefits that FAFSA applicants are offered. We apply on a different application known as the Dream Act. The only financial aid a Dreamer is able to receive are fee waivers.

The biggest threat that Dreamers may face is deportation. President Donald Trump has said that DACA is optional, a conception that attempts to justify the forcing of some of us to countries we have no memory of.

People want me to be ashamed of my culture, but this only gives it more power. I'm incredibly proud to be Hispanic, and that is why I fight to continue living in a country that was built on the idea of a "melting pot."

# It all started with panties . . .

**DANIELA SANCHEZ**  
MULTIMEDIA EDITOR

It was a Monday like any other Monday. I was on my way to the library, taking the outside staircase that leads to the east side of Saddleback College's LRC building and that's when I saw it.

There before me was a piece of a woman's lingerie, a lace fuchsia bikini bottom. I didn't know what to think at this point. You see, I've sighting these panties for about three semesters now.

I've been counting each time I spotted a piece of lingerie on that stair case. Right now I'm at my sixth piece. Divide that by the number of semesters I've been here and you've got an average of two pieces of lingerie per semester appearing at the same staircase.

To be frank, I was fascinated by

this strange phenomena happening at the college. How is someone able to spend money on a kinky undergarment only to leave it behind on an outdoors staircase? Not to mention, the lingerie is left in the exact location every time.

I should have left this case alone, but I had such an insatiable curiosity to find out why this is happening.

Who is leaving behind all these promiscuous undergarments?

Now that I think about it, every lingerie sighting I've had at Saddleback usually happened in the morning, meaning that this could be college students participating in some lewd activities early in the morning before school starts. Did it happen at night? I don't know..

Is this lingerie Banksy just one person, or is it a collective

group of anonymous Saddleback students who have nothing to do with each other.

Perhaps the lingerie keeper is actually a group prank, a strange tradition carried on from semester to semester. However, it is important to not be hasty and look at all facts before coming to hasty conclusions. My investigation began when I called a number I could trust. A man with a gravelly voice told me that I would have better luck looking for a group of people called the grounds crew.

The ground crew would definitely know have more knowledge of this occurrence. The next morning, I waited patiently as I spotted a grounds crew member ordering a cup of joe. The next morning, I waited patiently as I spotted a grounds crew member

ordering a cup of joe. I waited to approach him until after he finished his conversation with the coffee stand server. I introduced myself in Spanish and began asking questions.

My new friend told me to look for a guy named "V." I thanked him and hastily left to look for this V.

Unfortunately, I had passed V without realizing who he was. I was blinded by my own internalized stereotyping. For the rest of the morning, I searched for V but there was no trace of him.

I knew that I no longer had time to look for V, but I needed to get answers quick, so I went asking around the campus. It turns out other students have been finding them as well. One source says they found one on Valentine's day. How classy.

**THE  
WORLD  
IN YOUR HANDS**

Contact Joanne Germano, our California-based regional representative to learn more:

Joanne Germano  
Joanne\_germano@uml.edu  
413-896-2598

\*Associates degree not required for admission.

Bring your purpose to UMass Lowell and we will bring our passion for helping you achieve it. With over 120 undergraduate programs and numerous bachelor's-to-master's options, you'll leave here ready to succeed.

- Transfer with any number of credits\*
- Up to 90% of student financial need met
- Scholarships range significantly and start at \$10,000
- 14 new buildings opened in the past six years, guaranteed housing and minutes from Boston

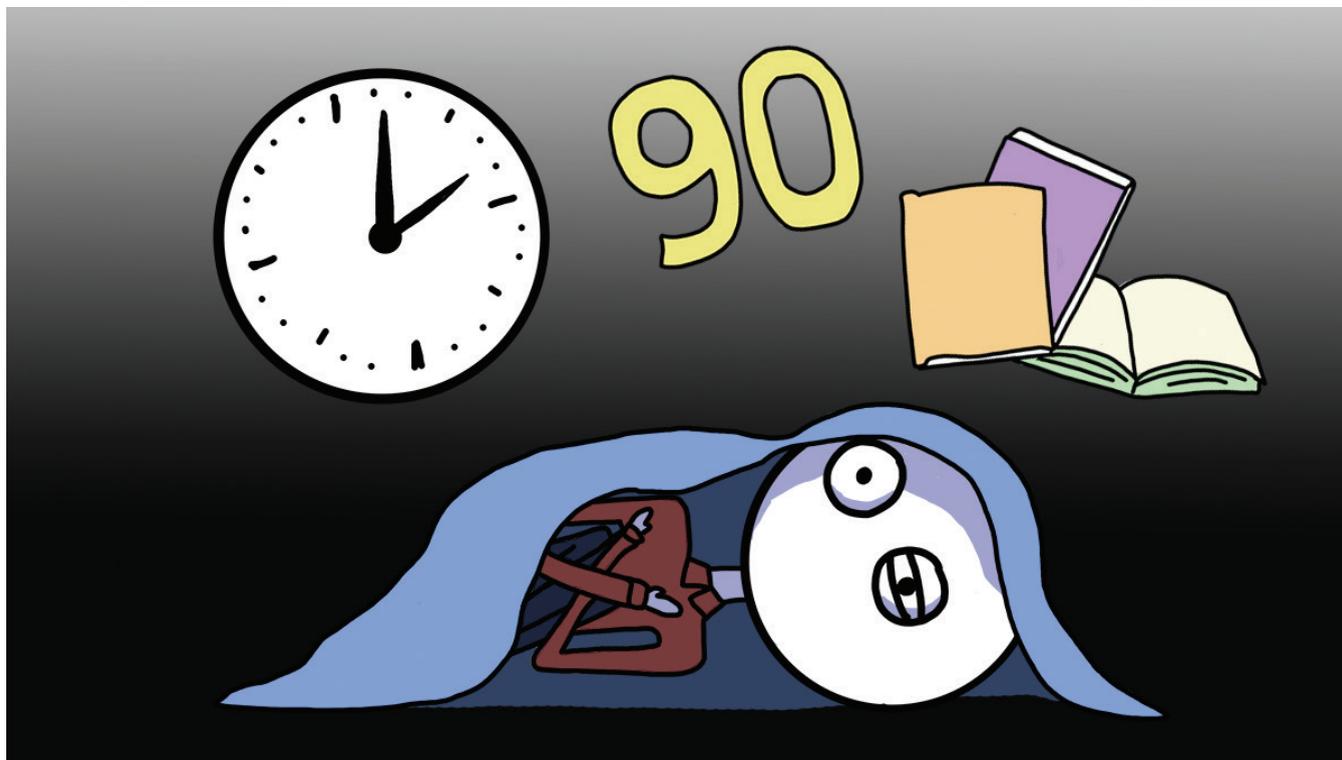
Apply anytime.  
We will waive  
your application fee.



Learning with Purpose

uml.edu





DANIELA SANCHEZ / LARIAT

**THE CYCLE:** Students require more sleep than most actually get, only 40 percent feel truly rested only twice per week.

## Let your body find its natural REM cycle

**DANIELA SANCHEZ**  
MULTIMEDIA EDITOR

College is full homework, coffee and late nights, resulting in a lack of sleep. Students average 6-6.9 hours of sleep per night, according to the University Health Center at the University of Georgia. Unfortunately, Saddleback College students are no stranger to this nightmare.

"I usually sleep at about 1 o'clock in the morning," said Saddleback business and communications major Yessenia Ozuna. "I usually take a shower and I feel refreshed ready for the day. That wakes me up immediately."

Ozuna sleeps an average of five hours per night, three to four hours less than the recommended amount for students. Sleep schedules and time management are the main factors that influence how college students sleep on a regular basis, according to HealthRe-

searchFunding.org.

Only 11 percent of students sleep well, with 40 percent feeling getting the full rest needed two days a week, according to a sleep study conducted by Walter C. Buboltz, Jr., found that of sleep affects abilities to think and remember, which are extremely important for class.

It is not only a lack of sleep that is hurting students, but bad timing, said Saddleback psychology instructor Kris Leppien-Christensen. He recommends waking up during the the fifth stage of sleep, called the Rapid Eye Movement cycle.

"The typical cycle of sleep is 90-100 minutes or so," Leppien-Christensen said. "Let's say your 90 minute cycle would end at 6:30 a.m. You could be better off getting up at 6:30 a.m. feeling more awake than 7 o'clock."

Leppien-Christensen said the body is totally relaxed during

the REM state, but one's brain is as active as during waking consciousness, giving people the ability to dream. Depending on how much work student are taking on during the semester, it might be tempting to get less rest to accomplish more, but according Leppien-Christensen, sacrificing sleep actually hurts students in the long run.

"Unfortunately that's the thing, we think [sleep] is the easiest to give up right if we have school and work we can't give those up so we cut out what's easiest," Leppien-Christensen said.

Saddleback computer science major Jose Cardenas is one student who plans out his sleep habits. Cardenas has created his own sleep schedule that works for him while still going to sleep at midnight.

"I have an alarm [set] for every thirty minutes," Cardenas said. "The earliest I wake up is at 5:30

a.m. for my class that starts at 8:30 a.m. because I study before."

While 90 minutes is the test proven duration for a complete cycle, it is important to note that everyone's sleep cycle differs. Because natural sleep rhythms are based on the individual, it is important to be aware of your own natural sleep rhythm.

Leppien-Christensen said to find one's own natural sleep cycle duration. He says not to test yourself when you are exhausted, but when naturally tired. Time yourself from when you start sleeping until you naturally wake up in the middle of the night. Then, you can use the time duration to your advantage by customizing your alarm to that specific time.

He also recommends avoiding the use of electronics prior to sleep. The blue light that is emitted can often trick the brain into staying up longer, disrupting your natural sleeping time.

# Coffee shop hosts comedy nights

Mission Viejo It's a Grind Coffee House features SoCal area talent

**DIANA TOMSETH**  
LIFE EDITOR

Half & Laugh Comedy Show is the only comedy show in Mission Viejo.

Comedians entertained customers at It's A Grind Coffee House on opening night last Friday. The local coffee shop is bringing back its comedy night every other Friday each month for free.

Owner Hassan Fahimi, 51, of It's A Grind Coffee House has owned the shop for two and half years. The former IT professional bought the coffee house as a hobby, eventually turning it into a full time job. It's A Grind Coffee House customers contribute their talents to the shop with their photography, paintings and decorations that adorn the walls. Working with local artists and the community is a top priority to Fahimi.

"I reach out to the community. So, for example, Tom lives around here, is one of our customers, he comes here all of the time. So, he told me about having a comedy night. So, I worked with them," said Fahimi.

Half & Laugh Comedy Show includes performers Tom Goss, Kelly Ryan, Jordan Conley, Alfonso Ochoa and Nick Petrillo. They are a group of Southern Californian comedians who perform in Orange County together.

Tom Goss, the Half and Laugh Comedy Show manager, saw a need for a comedy show in South Orange County.

"So, the whole goal with this is to kind of create something to do in Mission Viejo, besides



DIANA TOMSETH/LARIAT

**LAUGH IT UP:** Nick Petrillo, pictured, performs at It's A Grind's "Half & Laugh Comedy Show" on Sept. 8., alongside four other performers. The next comedy event occurs Sept. 22.

maybe partying or there's a lack of things to do at night for all ages, so hopefully people that are interested in this enjoy comedy," Goss said. "I try bringing the best guys I can to put on a good show."

The comedians use an interpersonal style of comedy to try and better connect with their audience. Often drawing from difficult topics such as race, sexuality, gender, mental health, body image and socio-economic status, the comedians talk frankly and laugh through taboo topics.

"I think if you can take something relatively dark and talk about it and make people forget that it's a dark topic and they can laugh about it too, it's healing for people in the audience who have been through similar stuff," Ryan said, "It's healing for me, you know, it's good for everybody."

Over a dozen adults filled the

coffee shop to hear the comedians perform.

Saddleback College pre-med student and employee of It's A Grind Coffee House Livia Petras, 18, enjoys the comedy shows when she is off work.

"I think everyone had their own personality and I really liked that," said Petras, "I liked that each person had their own background stories and experiences that they had. I thought it

was fun."

The comedy show, which includes adult humor, runs on certain Fridays from 7 p.m. to 8:15 p.m.

Other entertainment at the coffee house will include jazz band concerts. The coffee house is located at 25522 Marguerite Pkwy. For more information call (949) 768-2633 or visit @ itsagrindmissionviejo on Facebook.

**College Accounting & Math tutor**

20+ years experience, \$35 an hour

Monica (949) 228-7960

# Gauchos turn the tide against Seahawks

Saddleback College's offensive tenacity and defensive prowess tar-and-feather Los Angeles Harbor

**COLIN REEF**  
EDITOR-IN-CHIEF

The Saddleback College football team notched their third win of the season on Saturday with a 56-27 victory at Los Angeles Harbor College. The Gauchos electric offense led by quarterback Cam Humphrey propelled them to an overall 3-0 record on the season.

The Gauchos started off the game electing to receive the opening kick. Special teams kickoff return man Roosevelt Abram ran 31 yards from the return spotting the ball on the 46 yard line.

On the second play of the game Gaucho running back, Emari Demercado, rushed for 11 yards placing the ball on the LA Harbor 43 yard line. After an incomplete pass by Cam Humphrey to DaQu'an Davis, Humphrey connected on a 43-yard touchdown pass to Chris Spiering. The Gauchos found themselves in the lead 7-0 with only 27 seconds having elapsed from the game clock.

The ensuing possession by the opposing Seahawks led to a punt after 11 plays. After a few pivotal completed passes by Humphrey, the Gauchos found themselves in a first down situation on the Seahawks 35 yard line.

Emari Demercado rushed for a stellar 35-yard touchdown giving the Gauchos a 14 point lead. The Gauchos ended the drive on 7 plays for a total of 67 yards.

After another stop by the Gauchos defense, their offense took the field and made quick work of the Seahawks secondary. Humphrey would connect with Spiering once more for a 73-yard bomb on 3rd and 3 to increase their lead 21-0.

Spiering and Demercado continued their relentless offensive pursuit against the Seahawks throughout the second quarter. Demercado rushed the ball 8 yards to the charity strike to put his team up 28-6.

A quick three-and-out by the Gauchos would lead to another possession due to a Seahawks fumble.

Another touchdown pass from Humphrey



COLIN REEF/LARIAT

**UP AND OVER:** Saddleback College wide receiver Lorenzo Thompson hurdles over Seahawks defender for significant gain in yards.

to Spiering put this game almost completely out of reach at 35-6. A dominating first half by the Gauchos offense ended with one final 4-yard rushing touchdown by Demercado. The Gauchos led the Seahawks 42-6 as they head into the locker at half time.

The Gauchos continued their aerial assault on the Seahawks in the second half. Cam Humphrey ended the game throwing 16-23 for 281 yards with 4 touchdown completions. Chris Spiering caught a total of 7 receptions for 209 yards for three touchdown passes.

His long was 78 yards and his average per catch was 29.9 yards, an amazing stat-line for the evening. Emari Demercado led all backs with 13 rushing attempts for 97

yards bringing down three touchdowns on the evening.

The Saddleback defense was nothing short of spectacular as well. They sacked the opposing quarterback three separate times for a total loss of 16 yards. They also forced 4 fumbles and had linebacker Corey Selenski, recover two of them. They also brought in one interception gaining 25-yards from it.

It's safe to say the Gauchos are off an absolutely amazing start going into their fourth game of the year.

Saddleback will finally be at home next week when they host El Camino College at 6:00 PM at the Saddleback Stadium. Both teams are undefeated and look to continue their hot streak against each other next week.

# Gauchos clear favorite in division

**HANNA PETERSEN**  
SPORTS EDITOR

Saddleback College Gauchos celebrated 50 years of football by defeating College of the Desert on Sept. 2. Head coach Mark McElroy also celebrates his 19th year with the program.

The team started the season ranked No. 16 in the nation on JC-Gridiron.com but are now tied with Fullerton College for No. 1 in the 2017 National Southern League Standings on Scafootball.com.

“After all summer long of the team scrimmaging themselves, they are excited to play someone else,” McElroy said.

McElroy waited to decide on a starting quarterback for the first game until Sept. 1 giving the team only one practice with the set starters.

The Gauchos debuted Max Gilliam from University of California,



COLIN REEF/LARIAT

**SHOTGUN FORMATION:** *Gauchos offense lines up on the 8-yard line against the Los Angeles Harbor Seahawks.*

Berkeley as the starting quarterback for the season but pulled him after the first game. Cam Humphrey has started ever since.

Saddleback plays three teams ranked top 10 in state this year including Long Beach, Ventura and No. 1 Fullerton.

“We have a very challenging schedule.” Coach McElroy says. “We are ready for the competition.”

The Gauchos pillaged the Long Beach City College Vikings on Sept. 9 with the final score 45-35. This game marks Saddleback’s 14th straight win against the Vikings.

Defensively the team has a strong lineup of veteran starters that will be vital for the first few games to help the rookies get their bearings. Sophomore defensive back Kyle Corder is con-

fident in the season ahead due to improved teamwork.

“I feel like as a whole team were all one unit,” Corder said. “We’re all just one team as opposed to last year there were individuals on the team until game four.”

Corder believes that playing as a team rather than as individuals will play a major role in the outcome of this season especially after losing so many of last year’s teammates to university-level programs.

“We have some shoes to fill” declared Corder when asked about the previous team. “But it’s just all practice. Every single player can get there.”

Corder displayed a great level of confidence going into this season.

The Gauchos go into their first home game Saturday against El Camino College with a three win streak.

CAA is currently interviewing for a full-time Permit Technician to work in the Orange County area.

**Requirements:**

- A minimum of 4 years of clerical/administrative experience
- A stable work history
- Excellent interpersonal skills
- Extensive computer background
- A minimum typing speed of 50 wpm
- The ability to work in a fast-paced environment.

Candidates with construction industry experience and /or experience working with the public are strongly encouraged to apply.

CAA offers excellent benefits including medical, dental, vision, disability and life insurance, as well as a 401 (k) plan. For more information about our company, please visit us at [www.caaprofessionals.com](http://www.caaprofessionals.com).

## *Browstory*

THREADING + BEAUTY BAR



**FACIALS**

30 min or 1 hr  
Osmosis  
Facial



**HENNA**  
**EYELASH**  
**EXTENSIONS**



**THREADING & TINTING**

Eyebrows  
Eyelashes

**WAXING**

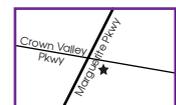
**MICRO-BLADING**

**MAKEUP**

Show your student ID to get a discount!

**949.347.0648**

27660 Marguerite Pkwy, Ste D  
Mission Viejo, CA 92692  
[www.abrowstory.com](http://www.abrowstory.com)



[.com/browstory](https://www.facebook.com/browstory)



[.com/browstory](https://twitter.com/browstory)



and find us on Yelp!

# Fantasy Football fever in full effect

Armchair GMs to earn record winnings during 2017/18 season

**DJ MCALLISTER**  
SPORTS EDITOR

September is here, and with that comes a few annual certainties: heat, school, and football.

Students may not be ready for the school year to start, but you can bet that they're ready for football season.

The NFL has been called the number one reality show in America, and with good reason. Compelling storylines about position battles, injuries, suspensions and locker room issues constantly fuel conversation among fans and friends.

While all of these factors are important, what fans really care about is how these stories affect their fantasy football teams.

Sundays are now days of triumph and pain, rest be damned. One's favorite team can come from behind and win their game, but if the player's fantasy team lost because another fantasy player's running back fumbled or the kicker missed an extra point, all is lost and the other player is left to browse the waiver wire.

Malik Tisani, a second-year business major at Saddleback College, is all too familiar.

"One week last year I lost by two points when the Broncos blocked a Saints field goal and they ran it back for a touchdown late in the fourth quarter, I was watching it live and was so mad I wanted him to trip before he scored," Tisani said. "The worst part was that I watched it with all of my friends who are in our league, including my friend who won all because of that one play! We were all screaming."

A great reminder that defense



ERIK DROST/VIA WIKICOMMONS

**LOW BLOW:** *Odell Beckham Jr's preseason injury seriously affected week 1 fantasy rosters.*

and special teams are just as important to your lineup as your flex.

To someone who isn't a football fan, the concept of playing an imaginary game that depends on a real game seems pointless, some may say it's not worth it.

Those few could not be more wrong, and may even be surprised to find out that playing fantasy football can potentially be very, very worth it. The true value of fantasy football, and the main draw, is of course money.

Fantasy football has become its own business within itself, the rapid growth in popularity and participation has led to the creation of television shows, websites and podcasts completely dedicated to fantasy sports, more specifically football.

There are countless guides, forums and articles outlining the perfect draft strategies and projections published way before players even report to OTAs. In 2016, the draft website DraftKings announced that whoever picked the best one-week fantasy

lineup could win \$1 million dollars. This year, they announced that the winner this year is going to take home a whopping \$1 billion dollars.

"I already made my list of players I want, including backup picks in case I get swooped," said Saddleback freshman Ben Kron.

You may be asking why pay so much attention and put in so much effort?

"The ten of us each pitch in \$40 before the draft and whoever wins gets \$260 of the pot, second place gets \$100, and third place gets their \$40 back." Freshman Ben Kron said. "We're all competitive people so this gives us a great chance to take some money and have fun keeping up with the season with our friends."

Besides the bragging rights up for grabs, there could also be a nice little victory bonus if the fantasy player chooses right. Choose wrong however, and there could be trouble.

"The person who finishes

in last place in our league has to use any team name the first place winner chooses. He also has to make an Instagram post and concede that whoever won is far superior in football intellect and that they have brought shame upon their family name by finishing last!" Tisani said. "We take that part very serious, it creates a lot of drama towards the end of the fantasy season we love it."

Like any other game, the point is to win, but to also have fun doing it. Part of the fun of fantasy football is the annual naming of your fantasy name.

"This year, my team name is the Marshawn LynchMob, in honor of Marshawn Lynch coming to the raiders. It's also a play on the Lench Mob, Ice Cube's crew after he left N.W.A. so I feel like I have a really strong team name this year."

So make your own team and get ready for the most exciting, anxious, heart-breaking, or day-making 17 weeks of your year.